
RETIREMENT

After working for a paycheck for decades, many people are unsure of how they will replace their income during retirement. With social security, retirement accounts, and investment portfolios all providing different sources of income with different tax management needs, it's no wonder that people feel overwhelmed. To make the most of your hard-earned money and create an income replacement strategy that works for you, the first step is to understand where your money comes from and how you can optimize cash flow from these sources.

SOCIAL SECURITY

Social Security is a federal government program that provides retirement, disability, and survivor benefits to eligible individuals. The amount of Social Security income you receive is based on your earnings history and the age at which you start receiving benefits.

To optimize your cash flow from Social Security and get the most out of it in the long run, here are some options and strategies to consider:

Delay your benefits:

You can start receiving Social Security benefits as early as age 62, but your benefits will be reduced if you start before your full retirement age (FRA). Your FRA is based on your birth year and ranges from 66 to 67.

If you delay starting benefits beyond your FRA, your benefits will increase by 8% per year until you reach age 70. Delaying your benefits can result in a higher monthly benefit for the rest of your life, which can be especially beneficial if you expect to live a long time.

Coordinate with your spouse:

If you are married, you may be eligible for spousal benefits based on your spouse's earnings history. You can receive up to 50% of your spouse's benefit amount, but only if you start receiving benefits after your FRA. If you and your spouse coordinate your Social Security benefits, you can maximize your combined benefits and optimize your cash flow in retirement.

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Consider taxation: Depending on your income level, your Social Security benefits may be subject to federal income tax. If you have other sources of income in retirement, such as retirement savings or rental income, you may want to consider the tax implications of your Social Security benefits and plan accordingly.

Work longer:

If you continue to work beyond your FRA, your Social Security benefits will continue to increase until you start receiving them up to age 70.

This can result in a higher monthly benefit and more cash flow in retirement.

Use a claiming strategy:

There are several claiming strategies that can help you optimize your Social Security benefits, such as the "file and suspend" strategy or the "restricted application" strategy. These strategies can be complex, so it's important to consult with a financial advisor or Social Security specialist to determine which strategy is right for you.



RETIREMENT ACCOUNTS

Retirement accounts, such as Individual Retirement Accounts (IRAs) and 401(k)s, are important tools for saving for retirement. Some of these accounts allow individuals to invest money on a tax-deferred basis, which means you won't pay taxes on the money you contribute until you withdraw it in retirement.

To optimize your retirement accounts and get the most out of them in the long run, here are some options and strategies to consider:

Contribute as much as possible:

The more you contribute to your retirement accounts, the more you'll have in retirement. In 2025, the contribution limit for IRAs is \$7,000, with an additional catch-up contribution of \$1,000 for those 50 and older. The contribution limit for 401(k)s is \$23,500, with an additional catch-up contribution of \$7,500 for those 50 and older.

Consider your asset allocation:

How you allocate your investments within your retirement accounts can greatly impact your returns. Consider diversifying your investments among stocks, bonds, and other asset classes to reduce risk and maximize returns.

Rebalance your portfolio: Over time, your asset allocation may shift as some investments perform better than others. Rebalancing your portfolio periodically can help you maintain your desired asset allocation and minimize risk.

Take advantage of employer contributions: If your employer offers a 401(k) matching contribution, contribute at least enough to get the full match. This is essentially free money and can significantly boost your retirement savings.

Convert to a Roth IRA: If you have a traditional IRA or 401(k), you may want to consider converting some or all of your savings to a Roth IRA. While you'll have to pay taxes on the amount you convert, a Roth IRA allows you to withdraw money tax-free in retirement when certain conditions are met.

Plan your withdrawals: When you start withdrawing money from your retirement accounts in retirement, it's important to plan your withdrawals to minimize taxes and maximize your cash flow. Consider factors such as required minimum distributions, tax brackets, and your other sources of income.



INVESTMENT PORTFOLIO

Investment portfolios can be used to create retirement income by providing a source of ongoing returns that can be used to supplement Social Security benefits and retirement account withdrawals. A well-diversified investment portfolio can help ensure that you have enough income in retirement to cover your expenses and maintain your standard of living.

To optimize your investment portfolio and get the most out of it in retirement, here are some options and strategies to consider:

Diversify your investments:

Investing in a mix of stocks, bonds, and other asset classes can help reduce risk and increase returns over the long term. Consider investing in a mix of domestic and international stocks and fixed-income securities of varying maturities and credit quality.

Rebalance your portfolio:

Similar to retirement accounts, as your investments perform differently, your portfolio allocation can shift away from your desired mix. Rebalancing your portfolio regularly can help you stay on track with your investment goals.

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Consider low-cost index funds: Index funds are a low-cost way to invest in a diversified portfolio of stocks or bonds. They typically have lower fees than actively managed funds, which can save you money over the long term.

Avoid timing the market:

Trying to time the market by buying and selling investments based on market movements can be risky and lead to missed opportunities. Instead, consider a long-term investment strategy that aligns with your investment goals and risk tolerance.

Consider a systematic withdrawal plan:

When you're ready to start withdrawing money from your investment portfolio in retirement, a systematic withdrawal plan can help ensure that you have enough income to cover your expenses. With a systematic withdrawal plan, you withdraw a fixed percentage of your portfolio each year, regardless of market conditions.

SOCIAL SECURITY

Social Security benefits, retirement accounts, and investment portfolio can all work together to create a comprehensive retirement income plan. Social Security benefits provide a foundation of income that is guaranteed for life and can be supplemented by withdrawals from retirement accounts such as IRAs and 401(k)s. Investment portfolios can provide additional income to cover expenses and maintain your standard of living.

To create a retirement income plan that works for you, consider working with a financial advisor who can help you determine how much you'll need in retirement and develop a strategy to meet your goals.

Your advisor can help you evaluate your Social Security benefit options and maximize your retirement account contributions. They can also help you create an investment portfolio that's diversified and aligned with your risk tolerance and investment goals.

Your retirement income plan should be reviewed and adjusted regularly as your circumstances change. As you approach retirement and begin to withdraw from your retirement accounts and investment portfolio, it's important to manage your withdrawal rate to help ensure that you have enough income to cover your expenses and maintain your standard of living.

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